

Specialist Directory

March 2026

How to refer:

GPs can address their referral generally to 'Dear Doctor' or directly by name to one of our accredited psychiatrists.

GP referrals can be faxed or emailed:

P 02 9389 8888 **F** 02 9389 5699

E TSC.admissions@healthscope.com.au

Admissions

Once we receive your referral, we'll book you in for an assessment consultation with one of our team members. Then if your assessment is appropriate for an inpatient program, we'll admit you as soon as possible. We generally offer minimal wait times for admission.

To process referral, the following mandatory information is required:

- Patient's name
- Address
- Contact numbers
- Health Insurance details
- Date of Birth
- Outline current issues
- Current regime
- Previous treatments
- Any risk history or potential risk factors

The Sydney Clinic Consulting Rooms

To contact the consulting suites:

P 02 8362 2444

F 02 9389 7147

E tscrooms@healthscope.com.au

26 Murray St Bronte NSW 2024
(entrance via 22-24 Murray St)

Consultant Psychiatrists

Dr Mike Atherton

Medical Director

Aviation mental health, drug and alcohol expertise and Esketamine

Dr Candice Jensen

Anxiety disorders, bipolar disorder, depression, mindfulness, obsessive-compulsive disorders, psychosis, schizophrenia, supportive psychotherapy and Esketamine

Dr Katia Josua

Depression, anxiety, bipolar disorder, schizophrenia, and personality disorders

Dr Usman Malik

Mood and anxiety disorders, early psychosis, schizophrenia and Esketamine

Dr Farzaan Mehta

Mood disorders, anxiety disorders, perinatal psychiatry, women's mental health and Esketamine

Dr Sasha Roytowski

Addiction psychiatry, perinatal psychiatry, and refugee mental health

Dr Jagdeep Sachdev

Anxiety, obsessive-compulsive disorder (OCD), schizophrenia, family therapy, grief and loss, eating disorders, and mood disorders

Dr David Whitten

Attention-deficit/hyperactivity disorder (ADHD)

Inpatient services

The Sydney Clinic offers an inpatient stay and treatment for people who need support in the following areas:

- Depressive disorders
- Anxiety disorders
- Bipolar disorder
- Personality disorders
- Obsessive Compulsive Disorder
- Schizophrenia and psychosis
- Trauma and PTSD
- Alcohol or other drug dependence

Inpatient facilities

Our beachside location provides an ideal healing ground for your recovery. Located just steps from Bronte beach, The Sydney Clinic offers 24-hour support in our 42 bed inpatient unit.

The Sydney Clinic offers:

- Private, modern rooms with TV and own ensuite
- Healthy, chef-made meals that cater to dietary requirements
- Courtyard and outdoor visitor area
- Free on site parking available

Outpatient services

- Private Psychiatry
- Day Programs:
 - Acceptance and Commitment Therapy
 - Compassion Focused Recovery
 - Introduction to Dialectical Behaviour Therapy (DBT)
 - DBT Skills Day Program
 - Preparing for Change
 - DBT for Addictive Behaviours
 - Radically Open Dialectical Behaviour Therapy (RO-DBT)
 - Trauma Recovery Skills Program
 - Schema Therapy
- Transcranial Magnetic Stimulation (TMS)



22-24 Murray Street, Bronte NSW 2024

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thesydneyclinic.com.au

ABN 85 006 405 152

03/2026

Programs

Introduction to DBT

Acceptance and Commitment Therapy

Compassion Focused Recovery

DBT Skills Day Program

DBT for Addictive Behaviours

Preparing for Change

Radically Open Dialectical Behaviour Therapy (RO-DBT)

Schema Therapy

Skills Training in Affective and Interpersonal

Refer directly to The Sydney Clinic for entry into Group Programs.
No prior admission needed. Private Health, Defence, Work Cover, NDIS,
DVA, CTP and self-funding options available.